

Source: The Daily Telegraph

WARM up by a cosy fire sipping on that well-deserved drink in NSW's best wine destination - the Hunter Valley. The crisp cold wind and that fine layer of ice on your car each morning is a good indication that winter is well and truly here.

Love them or hate them, jeggings - jean-coloured leggings - will scare off the cold during a wine tour in the Hunter Valley. So if you've been contemplating purchasing a pair, here are some suggestions on how to wear the winter warmers.

Every Friday, two fashion experts and a woman who simply loves clothes are put to the test with a "mystery item" of clothing or an accessory - the "to What" - as well as social event the mystery will be worn - the "to Where?" The "mystery" will often be in your own wardrobe or at least affordable and easily found in most shops and the event will be one which most of us get invited to from time to time. Our three experts are Sydney stylist Annalisa Armitage, Daily Telegraph Online Entertainment and Sydney Confidential Editor Paul Ewart and fashion lover / newsreader Michelle Taverniti. Book in that wine tour and throw those jeggings on for a great weekend away:

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Michelle Taverniti is a Newsreader and a fashion lover.

"Am not a fan of jeggings but I'd pair them with some thigh-high, flat, tan-coloured boots, a striped long-sleeved tee, a chunky grey, knit cardi and beanie.

"On a wine tour in the Hunter Valley, you want to be two things warm and comfy. The flat boots will keep your toes snug but ensure you don't slip when things start to become blurry and the woollies will shield you from the chilly temps. "I'd always treat jeggings just like a pair of tights - so team them with a flowy, long-ish top that skims your thighs. They're about

comfort - and should never become a substitute for pants. Or worn with heels.

"As mentioned before, a knit beanie would top off a cute, comfy ensemble. And some greige (grey/beige) nails."

Annalisa Armitage is the Owner and Principal Stylist for My Image Consultant. Visit www.myimageconsultant.com.au for more expert advice.

"Just because these leggings are a look-a- like denim fabric, have yellow stitching and a waistband it doesn't mean you can break the golden rule of leggings if you have less than a 10 out of 10 butt and legs.

"If you are carrying extra weight on your behind and thighs, or you have a very flat bottom or, again, are less than gorgeous in this area treat them as leggings and wear a long top to about mid thigh.

"If you feel this would be somewhat of a waste of the fact that you are wearing jeggings and not leggings go instead for a top to cover the waistband and a longer second layer such as a flowing cardigan. Fitted at the ankle makes them perfect to wear with boots - ankle or knee high or longer.

"I love the lace up boots that create fantastic shape at the lower leg as they can be tightened and loosened to follow the shape of your calves. If your legs are short go for a dark coloured boot to blend with your jeggings. If your legs are long you can afford to go a lighter tan colour as these look fantastic with the stitching on the jeggings.

"Jeggings of course will be very comfortable and the perfect choice to wear when hopping in and stumbling out of wine tastings. Make sure your boots are flat (to aid in the stumbling) and dark colours only on top. Red wine cannot be hidden and spills are bound to occur.

"Keep the look simple, no scarves or gloves to forget at the tasting bench so perhaps a long necklace to break the dark colours on top."

Daily Telegraph Online Entertainment and Sydney Confidential Editor Paul Ewart.

"As we're currently in the depths of the winter chill, jeggings (a hybrid of jeans and leggings for those unfamiliar with the garment), actually work very well for a casual day of winery-hopping in the Hunter. Pair with a warm blazer or cropped jacket - perhaps in black suede - and go patriotic with your footwear by donning a pair of Ugg boots.

"As you're going ultra-fitted, you need to ensure that everything else in your outfit is at least reasonable well-tailored. This means no avoiding sack-like duffel jackets and bulky trenches. Also, keep your colour palette simple - jeggings and brights (especially pink and red) do not a classy outfit make.

"A long cable-knit scarf in off-white and some simple silver jewellery, if you're inclined.

"Keep make-up to a minimum - less is more with jeggings. Overdress a pair and you're on a one way road to Bogans-ville."

